

How Much to Serve at a

gathering

appetizers

**6
PIECES**

PER PERSON
BEFORE A
MEAL

**4-6
PIECES**

PER PERSON
EACH HOUR
SERVED AS
MEAL

**TIP TO
REMEMBER**

ALWAYS
ROUND UP
WHEN YOUR
ESTIMATING

main course

**POULTRY,
MEAT & FISH**

6-8 OZ PER
PERSON

**VEGGIE &
FRUITS**

4 OZ PER
PERSON

POTATOES

5 OZ PER
PERSON

**RICE &
GRAINS**

1.5 OZ PER
PERSON

drinks

WINE

1 BOTTLE PER 2
PEOPLE EVERY 2HRS

SODA

3 - 8OZ GLASSES
PER GUEST

BEER

2 BOTTLES PER
PERSON FOR THE
FIRST HOUR,
1 THERE AFTER

desserts

CAKE & PIE

1 SLICE PER PERSON

ICE CREAM

5 OZ PER PERSON
3 OZ IF SERVED WITH CAKE